



We are excited to share with you in the experience of being trained in *Within My Reach*.

**Schedule subject to change*

Day 1

8:30 - 11:00	Introductions; overview of research & training; history of PREP Discussions: (1) Education vs. Therapy, (2) audiences served, (3) why do singles need RE?
11:00 - 12:00	UNIT 1: The State of Relationships Today Dr. Stanley Q & A
12:00 - 1:15	LUNCH
1:15 - 4:30	UNIT 2: Healthy Relationships UNIT 3: Sliding vs. Deciding UNIT 4: Smart Love

Day 2

8:30 - 12:00	UNIT 5: Knowing Yourself First UNIT 6: Making Your Own Decisions
12:00- 1:15	LUNCH
1:15- 4:30	UNIT 7: Dangerous Patterns in Relationships UNIT 8: Where Conflict Begins UNIT 9: Smart Communication

Day 3

8:30- 10:00	UNIT 10: The Speaker Listener Technique
10:00-10:30	Preparation time for Demonstrations
10:30-11:45	Teaching Demonstrations
11:45- 12:30	UNIT 11: Infidelity, Distrust, and Forgiveness
12:30- 1:45	LUNCH
1:45- 4:00	UNIT 12: Commitment-- Why it Matters to Adults and Children UNIT 13: Stepfamilies UNIT 14: Making the Tough Decisions UNIT 15: Reaching Into Your Future
4:00- 4:30	Closing Comments & Questions