
ABSTRACT
This research evaluated the impact of the Within My Reach healthy relationship education program on intimate partner violence for 419 high-risk adults in an urban area. Key outcomes such as relationship knowledge, communication/conflict resolution skills, relationship quality, and physical and emotional abuse were evaluated through survey research immediately post- and 6-months post program participation. Results suggest that participation in the Within My Reach program is associated with a statistically significant decrease in physical and emotional abuse, as well as isolation behaviors. Differences by participant demographics and the role of communication skills and relationship quality as mediators of these outcomes are also discussed.